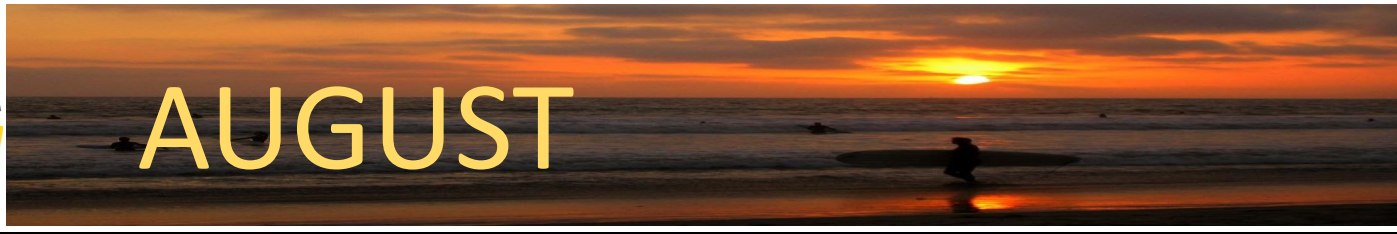




# AUGUST



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Dept.</b> <b>Is currently CLOSED</b> <b>due to Covid - 19.</b>	All information provided depends on when SRDA reopens,	Also all outside activities start up, like <b>AARP - Driver Safety</b> classes	will be determined by their national office. Please continue to stay Safe!	Social Distance, Wash your hands, wear your Face masks,	stay home as much as possible. Hope to see you soon!	
<u>Recreation</u> <u>Department</u> <b>Daily Activities</b>	<b>3</b> 9-10 Computer Class 10-12 Acrylic Art 2-3 Sr. Self Defense 3-4 Tai-Chi	<b>4</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11:00 Line Dancing 1-2 Beginning Knit class 2-3 Beginning Crochet class	<b>5</b> 9:00 Mahjongg 12:00 Party Bridge 1-2 Zumba 3:00 Tai Chi 3:00 Volunteer Singers	<b>6</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11-12 Line Dance Too 1:30-3:30 Co Op Drawing	<b>7</b> 10-11 Jian Qi Gong 11-12 Advanced Tai-Chi	<b>8-3 Recreation Floor</b> <b>open for you to come in and enjoy the company of others</b>
<b>Monday—Friday</b> <b>8:00 to 3:00</b> <b>Questions</b> <b>719-553-3445</b>	<b>10</b> 9-10 Computer Class 10-12 Acrylic Art 2-3 Sr. Self Defense 3-4 Tai-Chi	<b>11</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11:00 Line Dancing 1-3 Knit & Chat	<b>12</b> 9:00 Mahjongg 12:00 Party Bridge 1-2 Zumba 3-4 Tai Chi 3-5 Volunteer Singers	<b>13</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11-12 Line Dance Too 9-11 Sewing Club 1:30-3:30 Co Op Drawing	<b>14</b> 10-11 Jian Qi Gong 11-12 Advanced Tai-Chi	<b>Matter of Balance</b> <b>Call Jane @</b> <b>719-543-0100</b> <b>for information</b>
<ul style="list-style-type: none"> <li>• Big Screen T.V.</li> <li>• Group Puzzle</li> <li>• Card Games</li> <li>• Small Library</li> </ul>	<b>17</b> 9-10 Computer Class 10-12 Acrylic Art 2-3 Sr. Self Defense 3-4 Tai-Chi	<b>18</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11:00 Line Dancing 1-2 Beginning Knit Class	<b>19</b> 9:00 Mahjongg 12:00 Party Bridge 1-2 Zumba 3-4 Tai Chi 3-5 Volunteer Singers	<b>20</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11-12 Line Dance Too 1:30-3:30 Co Op Drawing	<b>21</b> 10-11 Jian Qi Gong 11-12 Advanced Tai-Chi <b>1:30-3:30 Social, Music and Refreshments</b>	<b>Socials</b> 
<ul style="list-style-type: none"> <li>• Bike Rentals</li> <li>• Treadmills</li> <li>• Exercise Bikes</li> <li>• Pool Tables</li> <li>• Snack Bar</li> </ul>	<b>24</b> 9-10 Computer Class 10-12 Acrylic Art 2-3 Sr. Self Defense 3-4 Tai-Chi	<b>25</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11:00 Line Dancing 1-3 Knit & Chat	<b>26</b> 9:00 Mahjongg 12:00 Party Bridge 1-2 Zumba 3-4 Tai Chi 3-5 Volunteer Singers	<b>27</b> 8:45-9:45 Morning Tai Chi 9:00 Pinochle 10-11 Chair Yoga 11-12 Line Dance Too 9-11 Sewing Club 1:30-3:30 Co Op Drawing	<b>28</b> 10-11 Jian Qi Gong 11-12 Advanced Tai Chi	
<b>Knit &amp; Chat Group</b> <b>Meets 2nd &amp; 4th</b>	<b>31</b> 9-10 Computer Class 10-12 Acrylic Art 2-3 Sr. Self Defense					<b>*Classes subject to cancellation due to minimum participation</b>