



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recreation Department Daily Activities</p> <p>Bar</p>	<p>2</p> <p>9:00-11:00 BASIC COMPUTER W/ DONNA</p> <p>10:00-11:00 FITNESS FUN</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>11:00-12:00 CHAIR YOGA (OVERFLOW)</p> <p>1:00-3:00 TEXAS HOLDEM</p>	<p>3</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>9:30-10:30 WALK W/ EASE</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:45-12:00 MEDITATION GROUP</p>	<p>4</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-12:00 LINE DANCE</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>3:00-4:00 FRIENDS OF DOROTHY</p>	<p>5</p> <p>9:00-2:00 FREE FINANCIAL COUSELING</p> <p>9:30-10:30 WALK W EASE</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:00-12:00 ZUMBA</p>	<p>6</p> <p>9:00-10:00 SEATED TAI CHI</p> <p>9:30-10:30 ADVANCE COMPUTER</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-2:00 LINE DANCE</p> <p>12:00-2:00 MARIACHI GROUP</p>	<p>8-4 Recreation Floor open for you to come in and enjoy the company of others</p>
<p>Monday-Friday 8:00 to 4:00 Questions 719-553-3445</p>	<p>9</p> <p>9:00-11:00 BASIC COMPUTER W/ DONNA</p> <p>10:00-11:00 FITNESS FUN</p> <p>11:00-12:00 CHAIR YOGA (OVERFLOW)</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>1:00-3:00 BLACKJACK</p> <p>1:00-3:00 BINGO W/JAKE & PATRICIA</p>	<p>10</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>9:30-10:30 WALK W/ EASE</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:45-12:00 MEDITATION GROUP</p> <p>1:00-3:00 KNIT & CHAT</p>	<p>11</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-12:00 LINE DANCE</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>3:00-4:00 FRIENDS OF DOROTHY</p>	<p>12</p> <p>9:00-2:00 FREE FINANCIAL COUSELING</p> <p>9:30-10:30 WALK W EASE</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:00-12:00 ZUMBA</p>	<p>13</p> <p>9:30-10:30 ADVANCE COMPUTER</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-2:00 LINE DANCE</p> <p>12:00-2:00 MARIACHI GROUP</p> <p>11:00-12:30 DEMENTIA</p>	
<ul style="list-style-type: none"> Big Screen T.V. Group Puzzle Card Games Small Library 	<p>16</p> <p>9:30-2:00 AARP SAFE DRIVING</p> <p>10:00-11:00 FITNESS FUN</p> <p>11:00-12:00 CHAIR YOGA (OVERFLOW)</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>1:00-3:00 TEXAS HOLDEM</p>	<p>17</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>9:30-10:30 WALK W/ EASE</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:45-12:00 MEDITATION GROUP</p>	<p>18</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-12:00 LINE DANCE</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>3:00-4:00 FRIENDS OF DOROTHY</p>	<p>19</p> <p>9:00-2:00 FREE FINANCIAL COUSELING</p> <p>9:30-10:30 WALK W EASE</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:00-12:00 ZUMBA</p> <p>1:00-3:00 BINGO W /DEVOTED HP</p>	<p>20</p> <p>9:30-10:30 ADVANCE COMPUTER</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-2:00 LINE DANCE</p> <p>12:00-2:00 MARIACHI GROUP</p> <p>1:00-3:00 EAR ACUPUNCTURE</p> <p>1:00-3:30 SOCIAL /DINNER</p>	
<ul style="list-style-type: none"> Treadmills Exercise Bikes Pool Tables Snack Bar 	<p>23</p> <p>9:00-11:00 BASIC COMPUTER W/ DONNA</p> <p>10:00-11:00 FITNESS FUN</p> <p>11:00-12:00 CHAIR YOGA (OVERFLOW)</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>1:00-3:00 BLACKJACK</p>	<p>24</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>9:30-10:30 WALK W/ EASE</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:45-12:00 MEDITATION GROUP</p> <p>1:00-3:00 KNIT & CHAT</p>	<p>25</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-12:00 LINE DANCE</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>3:00-4:00 FRIENDS OF DOROTHY</p>	<p>26</p> <p>9:00-2:00 FREE FINANCIAL COUSELING</p> <p>9:30-10:30 WALK W EASE</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:00-12:00 ZUMBA</p>	<p>27</p> <p>9:30-10:30 ADVANCE COMPUTER</p> <p>10:00-11:00 CHAIR YOGA</p> <p>11:00-2:00 LINE DANCE</p> <p>12:00-2:00 MARIACHI GROUP</p> <p>11:00-12:30 DEMENTIA</p>	<p>Qi Gong at city park Tuesday, Thursday at 10am donations accepted</p>
	<p>30</p> <p>9:00-11:00 BASIC COMPUTER W/ DONNA</p> <p>10:00-11:00 FITNESS FUN</p> <p>11:00-12:00 CHAIR YOGA (OVERFLOW)</p> <p>11:30-4:00 LET'S PLAY MAHJONG</p> <p>1:00-3:00 TEXAS HOLDEM</p>	<p>31</p> <p>9:30-10:30 BASIC COMPUTER</p> <p>9:30-10:30 WALK W/ EASE</p> <p>10:00-11:00 QI/GONG TAI CHI</p> <p>11:45-12:00 MEDITATION GROUP</p>				<p>*Classes subject to cancellation due to minimum participation</p>