

SRDA  
@ The Joseph H.  
Edwards  
Active Adult  
Center



2016

Calendar of

SRDA

230 N UNION AVE

719-553-3445

Www.srda.org

Register on 2nd floor

EVENTS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Department</b> <i>Daily Activities</i>	<b>2</b> 1:30 Cooking Matter 3:00 Tai Chi	<b>3</b> 11:00 Line Dancing 1:00 Senior Wellness 5:30 Zumba	<b>4</b> 9:00 Computer Class 11:00 Art Class 3:00 Tai Chi	<b>5</b> 1:00 Sen. Wellness	<b>6</b> Bridge 12:00 SRDA Mother's Day Tea 2-3:30pm	
<b>Monday—Friday</b> <b>8:00 to 3:00</b>	<b>9</b> 1:00 Cooking Matters 2:00 Stroke Survivors 3:00 Tai Chi	<b>10</b> 11:00 Line Dancing 1:00 Knit and Chat 1:00 Senior Wellness 2:00 Stroke Support 5:30 Zumba	<b>11</b> 9:00 Computer Class 11:00 Art Class 3:00 Tai Chi	<b>12</b> 9:00 Sewing 1:00 Sen. Wellness	<b>13</b> 12:00 Bridge	<b>14</b> 8:30 Smart Drive AARP Course
<ul style="list-style-type: none"> <li>• Big Screen T.V.</li> <li>• Group Puzzle</li> <li>• Card Games</li> <li>• Small Library</li> </ul>	<b>16</b> 1:00 Cooking 3:00 Tai Chi	<b>17</b> 11:00 Line Dancing 1:00 Senior Wellness 5:30 Zumba	<b>18</b> 9:00 Computer Class 11:00 Art Class 3:00 Tai Chi	<b>19</b> 1:00 Sen. Wellness	<b>20</b> SPRING SOCIAL 1:30-3:00	Socials Sponsored by 
<ul style="list-style-type: none"> <li>• Bike Rentals</li> <li>• Treadmills</li> <li>• Exercise Bikes</li> <li>• Pool Tables</li> <li>• Snack Bar</li> </ul>	<b>23</b> 1:00 Cooking	<b>24</b> 11:00 Line Dancing 1:00 Knit and Chat 1:00 Senior Wellness 5:30 Zumba	<b>25</b> 9:00 Computer Class 11:00 Art Class	<b>26</b> 9:00 Sewing 1:00 Sen. Wellness	<b>27</b> 12:00 Bridge	
	<b>30</b> MEMORIAL DAY CLOSED	<b>31</b> 11:00 Line Dancing 1:00 Seniors Wellness 5:30 Zumba		<i>Knit &amp; Chat Group            meets            2nd &amp; 4th            Tuesday</i>	<b>COMING IN            JUNE            BLACK HAWK            TRIP</b>	