



SRDA 230 N UNION AVE 719-553-3445 www.srda.org Register on 2nd floor

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recreation Department <i>Daily Activities</i></p>		 <p>Join us for Line Dancing Tuesdays</p>	<p>1 9:00 Mahjongg 11:00 Art Class 3:00 Tai Chi</p>	<p>2 10:00 Pinochle 1:00 Senior Wellness</p>	<p>3 12:00 Bridge</p>	
<p>Monday—Friday 8:00 to 3:00</p>	<p>6 3:00 Tai Chi</p>	<p>7 11:00 Line Dancing 1:00 Senior Wellness 2:00 Stroke Survivors 5:30 Zumba</p>	<p>8 9:00 Mahjongg 11:00 Art Class 3:00 Tai Chi</p>	<p>9 9:00 Sewing Group 10:00 Pinochle 1:00 Senior Wellness</p>	<p>10 12:00 Bridge</p>	
<ul style="list-style-type: none"> • Big Screen T.V. • Group Puzzle • Card Games • Small Library 	<p>13 3:00 Tai Chi</p>	<p>14 11:00 Line Dancing 1:00 Senior Wellness 1:00 Knit and Chat 2:00 Stroke Survivors 5:30 Zumba</p>	<p>15 8:30 AARP Smart Drive 9:00 Mahjongg 11:00 Art Class 3:00 Tai Chi</p>	<p>16 10:00 Pinochle 1:00 Senior Wellness</p>	<p>17 12:00 Bridge 1:30 Dance Social</p>	<p>Socials Sponsored by AARP</p> 
<ul style="list-style-type: none"> • Bike Rentals • Treadmills • Exercise Bikes • Pool Tables • Snack Bar 	<p>20 3:00 Tai Chi</p>	<p>21 11:00 Line Dancing 1:00 Senior Wellness 2:00 Stroke Survivors 5:30 Zumba</p>	<p>22 9:00 Mahjongg 11:00 Art Class 3:00 Tai Chi</p>	<p>23 9:00 Sewing Club 10:00 Pinochle 1:00 Senior Wellness</p>	<p>24 12:00 Bridge</p>	
<p><i>Knit & Chat Group meets 2nd & 4th Tuesday</i></p>	<p>27 3:00 Tai Chi</p>	<p>28 NEW!!! 10:00 Sr. Self Defense 11:00 Line Dancing 1:00 Knit and Chat 1:00 Senior Wellness 2:00 Stroke Survivors 5:30 Zumba</p>	<p>29 9:00 Mahjongg 11:00 Art Class 3:00 Tai Chi</p>	<p>30 NEW!!! 10:00 Senior Self Defense 10:00 Pinochle 1:00 Senior Wellness</p>		