

## March 2019, LUNCH MENU

**Fri. Mar. 1** – Citrus & Herb Fish, Rice Pilaf, Seasoned Mixed Vegetables, Garden Vegetable Soup/Crackers, Cabbage Apple Slaw, Orange.

**Mon. Mar. 4** – Chicken Enchiladas, Seasoned Black Beans, Orange Glazed Carrots, Grape-Fruit Cup, Yogurt w/Granola.

**Tues. Mar. 5** – Meatloaf w/Mushroom Gravy, Garlic Mashed Potatoes, Green Bean Almandine, Beef Vegetable Soup, Cranberry Pear Salad, Raisin Nut Cup.

**Wed. Mar. 6** – Macaroni & Cheese, Winter Mix Vegetables, Seasoned Asparagus, Navy Bean Soup/Crackers, Pineapple Tid Bits.

**Thurs. Mar. 7** – Hamburger, Broccoli Walnut Parmesan, Calabacitas, Chicken Gumbo Soup/Crackers, Lettuce Garnish/Hamburger Bun, Apple Fruit-Cup.

**Fri. Mar. 8** – Vegetable Pasta Primavera, Chuckwagon Corn, Sugar Snap Peas, Cream of Broccoli Soup/Crackers, Carrot Raisin Salad, Blueberry Fruit-Cup.

**Mon. Mar. 11** – Italian Chicken Orzo, Cheesy Cauliflower Italian Mix Vegetables, Chicken Noodle Soup/Crackers, Banana.

**Tues. Mar. 12** – Salisbury Steak, Parslied Potatoes, Peas & Carrots, Peach Crisp, Orange.

**Wed. Mar. 13** – Chicken Fajita/Tortilla, Seasoned Mixed Beans, Stewed Tomatoes, Carrot & Sweet Potato Soup/Crackers Mandarin Oranges.

**Thurs. Mar. 14** – Pork Green Chili, Mexican Corn, Seasoned Yellow Squash, Tortilla, Fruit Salad Raisin Nut Cup, Pea Salad

**Fri. Mar. 15** – Fish w/Pueblo Salsa, Cilantro Rice, Caribbean Mixed Vegetables, Confetti Cottage Cheese, Breadstick, Apple.

**Mon. Mar. 18** – Pinto Beans & Ham, Sweet & Red Potatoes, Seasoned Green Beans, Tomato Florentine/Crackers.

**Tues. Mar. 19** – Slopper w/Green Chile, Ranch Beans, Bermuda Mixed Vegetables, Sweet & Sour Coleslaw, Apple-Fruit Cup, Hamburger Bun/Garnish.

**Wed. Mar. 20** – Beef & Bean Burrito w/Green Chili, Seasoned Mixed Vegetables, Beef Vegetable Soup/Crackers, Carrot Raisin Salad, Blueberry Fruit-Cup.

**Thurs. Mar. 21** – Open Faced Hot Turkey w/Gravy, Peas & Onions, Garden Vegetable Mix, Pasta Salad, Sl. Bread, Strawberries & Peaches.

**Fri. Mar. 22** – Potato Crusted Fish, Pasta Alfredo, Seasoned Asparagus, Tomato Cucumber Salad, Apple/Condiments.

**Mon. Mar. 25** – Brunswick Stew, Mashed Potatoes, Scandinavian Mixed Vegetables, Chilled Apricots, Raisin Nut Cup, Crackers.

**Tues. Mar. 26** – Vegetable Lasagna, Sugar Snap Peas, Winter Mix Vegetables, Navy Bean Soup/Crackers, Dice Pears.

**Wed. Mar. 27** – Sesame Chicken, Fried Rice, Lima Beans & Carrots, Lentil Soup/Crackers, Mandarin Oranges, Overnight Oats.

**Thurs. Mar. 28** – Baked Ham, Scalloped Potatoes, Bermuda Mixed Vegetables, Split Pea Soup/ Crackers, Pineapple Tid Bits.

**Fri. Mar. 29** – Fish w/Veg Sauce, Vegetable Couscous, Stewed Tomatoes, Seafood Gumbo/Crackers, Cherry Crisp, Orange.

