



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Recreation Department Daily Activities</b></p>	<p><b>3</b> 10—11 Walking Group 10—11 Chair Yoga 11—12 Line Dancing 1-2-Tai Chi</p>	<p><b>4</b> 9:00 - 12:00 Pinochle 9-10 Basic Computer 2-3 Qi gong 2-3:30 Bridging Gap</p>	<p><b>5</b> 10-11 Chair Yoga 11-12 Line Dancing 12-1 Vet Affairs 1-2 Tai Chi 3:-5 Volunteer Singers</p>	<p><b>6</b> 9-10 computer 11-12 Zumba</p>	<p><b>7</b> 9-10 computer 2-3 Jian Qi Gong 1-2:30 Acrylic painting</p>	<p><b>8-4 Recreation Floor open for you to come in and enjoy the company of others</b></p>
<p><b>Monday—Friday 8:00 to 4:00 Questions 719-553-3445</b></p>	<p><b>10</b> <b>CLOSED</b></p>	<p><b>11</b> 9-12 Pinochle 9-10 Basic Computer 1:00-2:00 CRAFTS 2-3 Qi Gong</p>	<p><b>12</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Tai Chi 3:-5 Volunteer Singers</p>	<p><b>13</b> 9-10 computer 10-6 Vaccination Mobile 11-12 Zumba 1-2 POA Legal</p>	<p><b>14</b> 9-10 computer 10-11 Care n Share 2-3 Jian Qi Gong 1-2:30 Acrylic painting</p>	
<ul style="list-style-type: none"> <li>• Big Screen T.V.</li> <li>• Group Puzzle</li> <li>• Card Games</li> <li>• Small Library</li> </ul>	<p><b>17</b> 10—11 Walking Group 10—11 Chair Yoga 11—12 Line Dancing 1-2-Tai Chi</p>	<p><b>18</b> 9-12 Pinochle 9—10 Basic Computer 2-3 Qigong</p>	<p><b>19</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Tai Chi 3:-5 Volunteer Singers</p>	<p><b>20</b> 9-10 computer 11-12 Zumba</p>	<p><b>21</b> 9-10 computer 2-3 Jian Qi Gong 1-2 Diabetic 101 1-2:30 Acrylic painting</p>	
<ul style="list-style-type: none"> <li>• Bike Rentals</li> <li>• Treadmills</li> <li>• Exercise Bikes</li> <li>• Pool Tables</li> <li>• Snack Bar</li> </ul>	<p><b>24</b> 10—11 Walking Group 10—11 Chair Yoga 11—12 Line Dancing 1-2-Tai Chi</p>	<p><b>25</b> 9-12 Pinochle 9-10 Basic Computer 10-11 Care n share 1:00-2:00 CRAFTS 2-3 Qi Gong</p>	<p><b>26</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Tai Chi 1-2 Dementia Caregiver 3-5 Volunteer Singers</p>	<p><b>27</b> 9-10 computer 11-12 Zumba</p>	<p><b>28</b> 9-10 computer 12-3Jian Qi Gong 1-2:30 Acrylic painting 2-3 Ear Acupuncture 2-4 Social</p>	<p><b>Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations accepted</b></p>
	<p><b>31</b> 10—11 Walking Group 10—11 Chair Yoga 11—12 Line Dancing 1-2 Tai Chi</p>		-			<p>*Classes subject to cancellation due to minimum participation</p>