



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Department Daily Activities</b>	<b>2</b> <b>CLOSED</b>	<b>3</b> 9:00 - 12:00 Pinochle 9-10 Basic Computer 1-2 Creative Movement	<b>4</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Tai Chi 2-3 Tai Chi 2 3-5 Volunteer Singers	<b>5</b> 9-10 Computer 11-12 Zumba 1-3 Cooperative Drawing	<b>6</b> 9-10 Computer 1-2:30 Acrylic painting	<b>8-4 Recreation Floor open for you to come in and enjoy the company of others</b>
<b>Monday—Friday 8:00 to 4:00 Questions 719-553-3445</b>	<b>9</b> 10—11 Chair Yoga 11—12 Line Dancing 1-2 walking group 1-2 crafts 1—2 Tai Chi 2—3 Tai Chi 2	<b>10</b> 9-12 Pinochle 9-10 Basic Computer 1-2 Creative Movement 6-8 WSA	<b>11</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Dementia Caregiver 1-2 Tai Chi 2-3 Tai Chi 2 3-5 Volunteer Singers	<b>12</b> 9-10 Computer 10-11 Care & Share 11-12 Zumba 1-3 Cooperative Drawing	<b>13</b> 9-10 Computer 1—2 Diabetic 101 1-2:30 Acrylic painting	
<ul style="list-style-type: none"> <li>• Big Screen T.V.</li> <li>• Group Puzzle</li> <li>• Card Games</li> <li>• Small Library</li> </ul>	<b>16</b> <b>CLOSED</b>	<b>17</b> 9-12 Pinochle 9—10 Basic Computer 10-11 Chair Yoga 11-12 Line Dancing 1-2 Creative Movement	<b>18</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Tai Chi 2-3 Tai Chi 2 2:30-4 Bridging Gaps 3-5 Volunteer Singers	<b>19</b> 9-10 Computer 11-12 Zumba 1-3 Cooperative Drawing	<b>20</b> 9-10 Computer 1-2:30 Acrylic painting 2-3 Ear Acupuncture	<b>21</b> <b>10—12 CITY BEAT MODERN QUILTERS</b>
<ul style="list-style-type: none"> <li>• Bike Rentals</li> <li>• Treadmills</li> <li>• Exercise Bikes</li> <li>• Pool Tables</li> <li>• Snack Bar</li> </ul>	<b>23</b> 9-11 assistance league 10—11 Chair Yoga 11—12 Line Dancing 1-2 craft 1-2 walking group 1-2-Tai Chi 2—3 Tai Chi 2	<b>24</b> 9-12 Pinochle 9-10 Basic Computer 10-11 Chair Yoga 11-12 Line Dancing 1-2 Creative Movement	<b>25</b> 10-11 Chair Yoga 11-12 Line Dancing 1-2 Dementia Caregiver 1-2 Tai Chi 2-3 Tai Chi 2 2:30-4 Bridging Gap	<b>26</b> 9-10 Computer 11-12 Zumba 1-3 Cooperative Drawing	<b>27</b> 9-10 Computer 1-2:30 Acrylic painting 2-4 Social	<b>Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations accepted</b>
	<b>30</b> 10—11 Chair Yoga 11—12 Line Dancing 1-2 walking group 1-2-Tai Chi 2—3 Tai Chi 2	<b>31</b> 9-12 Pinochle 9-10 Basic Computer 1-2 Creative Movement	-			*Classes subject to cancellation due to minimum participation