



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Department Daily Activities					1 9:30-10:30 ADV COMPUT 10-11 CHAIR YOGA 11-12 LINE DANCE 1:30-3 ACRYLIC ART 12-4 BRIDGE	8-4 Monday—Friday Recreation Floor open for you to come in and enjoy the company of others
Monday—Friday 8:00 to 3:00 Questions 719-553-3445	4 10-11 MAJHONG 10-2 AARP/DRIVING 1-2 TAI CHI 2-3 TAI CHI 2	5 9:30-10:30 BASIC COMPU 9:30-10:30 WALK W/EASE 1-3 KNIT & CHAT	6 10-11 CHAIR YOGA 11-12 LINE DANCE 1-2 TAI CHI 2-3 TAI CHI 2	7 9:30-10:30 BASIC COMPUT- ER 9:30-10:30 WALK W/EASE 11-12 ZUMBA	8 9:30-10:30 ADV COMPUT 10-11 CHAIR YOGA 11-12 LINE DANCE 1:30-3 ACRYLIC ART 12-4 BRIDGE	
<ul style="list-style-type: none"> • Big Screen T.V. • Group Puzzle • Card Games • Small Library 	11 10-11 MAJHONG 1-2 TAI CHI 2-3 TAI CHI 2	12 9:30-10:30 BASIC COMPU 9:30-10:30 WALK W/EASE 1-3 KNIT & CHAT	13 10-11 CHAIR YOGA 11-12 LINE DANCE 1-2 TAI CHI 2-3 TAI CHI 2	14 9:30-10:30 BASIC COMPUT- ER 9:30-10:30 WALK W/EASE 11-12 ZUMBA	15 9:30-10:30 ADV COMPUT 10-11 CHAIR YOGA 11-12 LINE DANCE 1:30-3 ACRYLIC ART 12-4 BRIDGE 2-3 EAR ACUPUNCTURE	QI GONG AT CITY PARK Tuesday, Thursday and Sun- day at 10:00 am donations
<ul style="list-style-type: none"> • Bike Rentals • Treadmills • Exercise Bikes • Pool Tables 	18 10-11 MAJHONG 1-2 TAI CHI 2-3 TAI CHI 2	19 9:30-10:30 BASIC COMPU 9:30-10:30 WALK W/EASE 1-3 BINGO W/TARA 1-3 KNIT & CHAT	20 10-11 CHAIR YOGA 11-12 LINE DANCE 1-2 TAI CHI 2-3 TAI CHI 2	21 9:30-10:30 BASIC COMPUT- ER 9:30-10:30 WALK W/EASE 11-12 ZUMBA	22 9:30-10:30 ADV COMPUT 10-11 CHAIR YOGA 11-12 LINE DANCE 1:30-3 ACRYLIC ART 11-12 DEMENTIA	
	25 CHRISTMAS DAY	26 9:30-10:30 BASIC COMPU 9:30-10:30 WALK W/EASE 1-3 KNIT & CHAT	27 10-11 CHAIR YOGA 11-12 LINE DANCE 1-2 TAI CHI 2-3 TAI CHI 2	28 9:30-10:30 BASIC COMPUT- ER 9:30-10:30 WALK W/EASE 11-12 ZUMBA 1-3 BINGO	29 9:30-10:30 ADV COMPUT 10-11 CHAIR YOGA 11-12 LINE DANCE 1:30-3 ACRYLIC ART 12-4 BRIDGE	*Classes subject to cancellation due to minimum participation