



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Recreation Department</u>	1 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 1:00-3:00 Genealogy	2 9:30-10:30 Basic Computer 10:00-11:00 Walk W/ Ease 3:00-4:00 A1-NON	3 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 3:00-5:00 Friends of Dorothy	CLOSED	5 9:30-10:30 Advance Computer 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-3:00 Acrylic Art	8-4 Mon—Fri Recreation Floor open for you to come in and enjoy the company of
Monday—Friday 8:00 to 3:00 Questions	8 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 1:00-3:00 Genealogy	9 9:30-10:30 Basic Computer 10:00-11:00 Walk W/ Ease 1:00-2:00 Cookies & Conversation 1:00-3:00 Knit & Chat 3:00-4:00 A1-NON	10 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 3:00-5:00 Friends of Dorothy	11 9:30-10:30 Basic Computer 10:00-11:00 Walk W Ease 11:00-12:00 Zumba 1:00-3:00 BINGO (Music)	12 9:30-10:30 Advance Computer 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 12:00-1:00 Dementia 1:00-3:00 Acrylic Art	
<ul style="list-style-type: none"> Big Screen T.V. Group Puzzle Card Games 	15 9:30-2:00 AARP Safe Driving Course 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 1:00-3:00 Genealogy	16 9:30-10:30 Basic Computer 10:00-11:00 Walk W/ Ease 1:00-3:00 BINGO W/Tara 3:00-4:00 A1-NON	17 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 3:00-5:00 Friends of Dorothy	18 9:30-10:30 Basic Computer 10:00-11:00 Walk W Ease 11:00-12:00 Zumba 1:00-3:00 BINGO W/Melissa	19 9:30-10:30 Advance Computer 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-3:00 Acrylic Art 1:00-3:00 Ear Acupuncture	QI GONG AT CITY PARK Tuesday, Thursday and Sun- day at 10:00 am donations
<ul style="list-style-type: none"> Bike Rentals Treadmills Exercise Bikes Pool Tables 	22 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 1:00-3:00 Genealogy	23 9:30-10:30 Basic Computer 10:00-11:00 Walk W/ Ease 1:00-3:00 Knit & Chat 3:00-4:00 A1-NON	24 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 3:00-5:00 Friends of Dorothy	25 9:30-10:30 Basic Computer 10:00-11:00 Walk W Ease 11:00-12:00 Zumba	26 9:30-10:30 Advance Computer 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 12:00-1:00 Dementia 1:00-3:00 Acrylic Art	*Classes subject to cancellation due to minimum
	29 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 1:00-3:00 Genealogy	30 9:30-10:30 Basic Computer 10:00-11:00 Walk W/ Ease 3:00-4:00 A1-NON	31 10:00-11:00 Chair Yoga 11:00-12:00 Line Dance 1:00-2:00 Tai Chi 2:00-3:00 Tai Chi 2 3:00-5:00 Friends of Dorothy			