



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><u>Recreation</u> <u>Department</u> Daily Activities</p>				<p>1 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 9:30-11:00 WALK W /EASE 3:00-4:30 ALTERNATIVE TO SUICIDE</p>	<p>2 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART</p>	<p>8-4 Recreation Floor open for you to come in and enjoy the company of</p>
<p>Monday—Friday 8:00 to 4:00 Questions 719-553-3445</p>		<p>6 9:30-10:30 BASIC COMPUTER 9:30 -11:00 WALK W/ EASE 11:00-12:00 ZUMBA 3:00-4:00 AL-ANON</p>	<p>7 9:30-11:00 DIGITAL NAVIGATOR 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 3:00-5:00 FRIENDS OF DOROTHY 12:30-3:00 DIGITAL NAVIGATOR</p>	<p>8 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 9:30– 11:00 WALK W /EASE 3:00-4:30 ALTERNATIVE TO SUICIDE 1:00-2:00 MUSIC BINGO</p>	<p>9 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMNTIA 1:30-3:00 ACRYLIC ART</p>	
<ul style="list-style-type: none"> • Big Screen T.V. • Group Puzzle • Card Games • Small Library 	<p>12 9:30-2:00 AARP SAFE DRIVING COURSE 1:00-3:00 GENEOLGY</p>	<p>13 9:30-10:30 BASIC COMPUTER 9:30-11:00WALK W/ EASE 11:00-12:00 ZUMBA 1:00-2:00COOKIES & CONVERSATION 3:00-4:00 AL-ANON 1:00-3:00 KNIT & CHAT 2:00-3:00 CARE & SHARE</p>	<p>14 9:30-11:00 DIGITAL NAVIGATOR 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 3:00-5:00 FRIENDS OF DOROTHY 12:30-3:00 DIGITAL NAVIGATOR</p>	<p>15 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 9:30-11:00 WALK W /EASE 1:30-3:00 BINGO /MELISSA 3:00-4:30 ALTERNATIVE TO SUICIDE</p>	<p>16 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART 1:00-3:00 EAR ACUPUNCTURE</p>	
<ul style="list-style-type: none"> • Bike Rentals • Treadmills • Exercise Bikes • Pool Tables 	<p>19 1:00-3:00 GENEOLGY</p>	<p>20 9:30-10:30 BASIC COMPUTER 9:30-11:00 WALK W/ EASE 11:00-12:00 ZUMBA 3:00-4:00 AL-ANON 1:30-3:00 BINGO/TARA</p>	<p>21 9:30-11:00 DIGITAL NAVIGATOR 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 3:00-5:00 FRIENDS OF DOROTHY 12:30-3:00 DIGITAL NAVIGATOR</p>	<p>22 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 9:30-11:00 WALK W /EASE 3:00-4:30 ALTERNATIVE TO SUICIDE</p>	<p>23 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMNTIA 1:30-3:00 ACRYLIC ART</p>	<p>Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations</p>
	<p>26 1:00-3:00 GENEOLGY</p>	<p>27 9:30-10:30 BASIC COMPUTER 9:30 11:00 WALK W/ EASE 11:00-12:00 ZUMBA 1:00-3:00 PROTECT IDENTITY 2:00-3:00 CARE & SHARE 3:00-4:00 AL-ANON</p>	<p>28 9:30-11:00 DIGITAL NAVIGATOR 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 3:00-5:00 FRIENDS OF DOROTHY 12:30-3:00 DIGITAL NAVIGATOR</p>	<p>29 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 9:30-11:00 WALK W /EASE 3:00-4:30 ALTERNATIVE TO SUICIDE</p>	<p>30 9:30-10:30 ADV COMPUTER 10:00-11:00 C HAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART 2:00-4:00 SOCIAL</p>	<p>*Classes subject to cancellation due to minimum participation</p>