



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
Recreation Department Daily Activities	2 CLOSED	3 9:00-10:00 BASIC COMPUTER 10:00-11:00 WALK W/EASE 3:00-4:00 AL-ANON	4 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY	5 9:30-10:30 BASIC COMPUTER 9:30-10:30 QUI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA 3:00-4:30 SUICIDE SUPPORT	6 9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART	
Monday— Friday 8:00 to 4:00 Questions	9 12:00-1:00 TAI CHI 1:00-3:00 GENEALOGY 9:30-2:00 AARP SAFE DRIVING	10 9:00-10:00 BASIC COMPUTER 10:00-11:00 WALK W/EASE 1:00-2:00 COOKIES & CONVERSATION 1:00-3:00 KNIT & CHAT 2:00-3:00 CARE & SHARE 3:00-4:00 AL-ANON	11 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY	12 9:30-10:30 BASIC COMPUTER 9:30-10:30 QUI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA 1:00-3:00 MUSIC BINGO 3:00-4:30 SUICIDE SUPPORT	13 9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:30-3:00 ACRYLIC ART HEALTH DEPT PRESENTAION	
<ul style="list-style-type: none"> • Big Screen T.V. • Group Puzzle • Card 	16 12:00-1:00 TAI CHI 1:00-3:00 GENEALOGY	17 9:00-10:00 BASIC COMPUTER 10:00-11:00 WALK W/EASE 1:00-3:00 BINGO W/TARA 3:00-4:00 AL-ANON	18 3:00-4:00 FRIENDS OF DOROTHY	19 9:30-10:30 BASIC COMPUTER 9:30-10:30 QUI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA 2:00-4:00 POA ATTORNEYS 1:00-3:00 BINGOW/ MELISSA 3:00-4:30 SUICIDE SUPPORT	20 9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE :00-3:00 EAR ACUPUNTURE 1:30-3:00 ACRYLIC ART	Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations accepted
<ul style="list-style-type: none"> • Treadmills • Exercise Bikes • Pool Tables • Snack Bar 	23 12:00-1:00 TAI CHI 1:00-3:00 GENEALOGY	24 9:00-10:00 BASIC COMPUTER 10:00-11:00 WALK W/EASE 1:00-3:00 KNIT & CHAT 2:00-3:00 CARE & SHARE 3:00-4:00 AL-ANON	25 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY	26 9:30-10:30 BASIC COMPUTER 9:30-10:30 QUI GONG 11:00-12:00 ZUMBA 3:00-4:30 SUICIDE SUPPORT	27 9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:30-3:00 ACRYLIC ART 3:00-4:00 SOCIAL	—CHILI FESTIVAL Starts 9/20/24
—Chili festival—	30 12:00-1:00 TAI CHI 1:00-3:00 GENEALOGY					*Classes subject to cancellation due to minimum participation