Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Recreation Department Daily Activities		1 9:30-10:30 WALK W/EASE 9:30-10:30 BASIC COMPUTER 12:00-1:30 BRIDGING GAP	2 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 1:00-3:00 GENEOLOGY 3:00-4:00 FRIENDS OF DOROTHY	3 9:30-10:30 BASIC COMPUTER 9:30-10:30 QI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA	4 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART	8-4 Recreation Floor open for you to come in and enjoy the company of others
Monday—Friday 8:00 to 4:00 Questions 719-553-3445	7 12:00-1:00 TAI CHI 1:00-3:00 BINGO W/ J&P	8 9:30-10:30 WALK W/EASE 9:30-10:30 BASIC COMPUTER 12:00-1:30 BRIDGING GAP 1:00-2:00 COOKIES & CONVO 1:00-3:00 KNIT & CHAT 2:00-3:00 CARE & SHARE	9 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 1:00-3:00 GENEOLOGY 3:00-4:00 FRIENDS OF DOROTHY	10 9:30-10:30 BASIC COMPUTER 9:30-10:30 QI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA	11 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:30-3:00 ACRYLIC ART	
• Big Screen T.V. • Group	14 CLOSED	15 9:30-10:30 WALK W/EASE 9:30-10:30 BASIC COMPUTER 12:00-1:30 BRIDGING GAP 1:30-3:00 BINGO W/ TARA	16 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 1:00-3:00 GENEOLOGY 3:00-4:00 FRIENDS OF DOROTHY	17 9:30-10:30 BASIC COMPUTER 9:30-10:30 QI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA 1:30-3:00 BINGO W/MELISSA	18 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:30-3:00 ACRYLIC ART 1:00-3:00 EAR ACUPUNCTURE	
	21 12:00-1:00 TAI CHI 9:30-10:30 AARP SAFE DRIVING COURSE	22 9:30-10:30 WALK W/EASE 9:30-10:30 BASIC COMPUTER 12:00-1:30 BRIDGING GAP 1:00-3:00 KNIT & CHAT	23 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 1:00-3:00 GENEOLOGY 3:00-4:00 FRIENDS OF DOROTHY	24 9:30-10:30 BASIC COMPUTER 9:30-10:30 QI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA	25 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:30-3:00 ACRYLIC ART	Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations accept-
	28 12:00-1:00 TAI CHI	29 9:30-10:30 WALK W/EASE 9:30-10:30 BASIC COMPUTER 12:00-1:30 BRIDGING GAP	30 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-1:00 TAI CHI 1:00-3:00 GENEOLOGY 3:00-4:00 FRIENDS OF DOROTHY	31 9:30-10:30 BASIC COMPUTER 9:30-10:30 QI GONG 9:30-10:30 WALK W/EASE 11:00-12:00 ZUMBA		*Classes subject to cancellation due to minimum participation