



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Department Daily Activities</b>	<b>2</b> 10:00-11:00 MAHJONG 12:00-1:00 TAI CHI 1:00-2:00 BOOK CLUB 2:00-3:00 BRIDGE 1:00-3:00 BINGO /JAKE	<b>3</b> 9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE	<b>4</b> 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-4:00 CHAIR MASSAGE 12:00 –1:00 TAI CHI 1:00-3:00 MAHJONG 3:00-4:00 FRIENDS OF DOROTHY	<b>5</b> 9:30-10:30 QI GONG 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 12:00-1:00 WALK W/EASE	<b>6</b> 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:00-3:00 ACRYLIC ART	<b>8-4 Monday— Friday Recreation Floor open for you to come in and enjoy the company of others</b>
<b>Monday— Friday 8:00 to 3:00</b>	<b>9</b> 10:00-11:00 MAHJONG 12:00-1:00 TAI CHI 1:00-2:00 BOOK CLUB 2:00-3:00 BRIDGE	<b>10</b> 9:30-10:30 BASIC COMPUTER 1:00-3:00 KNIT & CHAT 2:00-3:00 CARE & SHARE	<b>11</b> 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-4:00 CHAIR MASSAGE 12:00 –1:00 TAI CHI 1:00-3:00 MAHJONG 3:00-4:00 FRIENDS OF DOROTHY	<b>12</b> 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA	<b>13</b> 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:00-3:00 ACRYLIC ART	
<ul style="list-style-type: none"> <li>Big Screen T.V.</li> <li>Group Puzzle</li> </ul>	<b>16</b> 9:00-2:00 AARP SAFE DRIVING 10:00-11:00 MAHJONG 12:00-1:00 TAI CHI 1:00– 2:00 BOOK CLUB 1:00-3:00 SELF DEFENSE	<b>17</b> 9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE	<b>18</b> 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-4:00 CHAIR MASSAGE 12:00 –1:00 TAI CHI 1:00-3:00 MAHJONG 3:00-4:00 FRIENDS OF DOROTHY	<b>19</b> 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 12:00-1:00 WALK W/EASE 1:30-3:00 BINGO W/MELISSA	<b>20</b> 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 1:00-3:00 ACRYLIC ART	<b>QI GONG AT CITY PARK Tuesday, Thursday and Sunday at 10:00 am donations</b>
<ul style="list-style-type: none"> <li>Tread-mills</li> <li>Exercise Bikes</li> <li>Pool Ta-</li> </ul>	<b>23</b> 10:00-11:00 MAHJONG 12:00-1:00 TAI CHI 1:00-2:00 BOOK CLUB 2:00-3:00 BRIDGE	<b>24</b> 9:30-10:30 BASIC COMPUTER 1:00-3:00 KNIT & CHAT	<b>25</b> <b>CLOSED</b>	<b>26</b> 11:00-12:00 ZUMBA	<b>27</b> 9:30-10:30 ADV COMPUTER 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 11:00-12:00 DEMENTIA 1:00-3:00 ACRYLIC ART	
	<b>30</b> 10:00-11:00 MAHJONG 12:00-1:00 TAI CHI 2:00-3:00 BRIDGE	<b>31</b> 9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE 100-3:00 BUNCO				<b>*Classes subject to cancellation due to minimum</b>