



MARCH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recreation Department Daily Activities</p> <p>k Bar</p>	<p>3</p> <p>10:00-1:00 MAHJONG 12:00-1:00 TAI CHI 1:30-3:30 BINGO JAKE&PAT</p>	<p>4</p> <p>9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE 1:00-3:00 MAHJONG 2:00-3:00 CARE & SHARE</p>	<p>5</p> <p>10:00-1:00 MAHJONG 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-4:00 CHAIR MASSAGE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY</p>	<p>6</p> <p>9:30-10:30 QI GONG 9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 1:30-2:45 COMPUTER BASIC W/DONNA</p>	<p>7</p> <p>9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-2:00 LINE DANCE 1:00-3:00 ACRYLIC ART</p>	<p>8-4 Recreation Floor open for you to come in and enjoy the company of others</p>
<p>Monday-Friday 8:00 to 4:00 Questions 719-553-3445</p>	<p>10</p> <p>9:00-2:00 AARP SAFE DRIVING COURSE 10:00-1:00 MAHJONG 12:00-1:00 TAI CHI</p>	<p>11</p> <p>9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE 1:30-2:45 COMPUTER BASIC W/DONNA 1:00-3:00 MAHJONG</p>	<p>12</p> <p>10:00-1:00 MAHJONG 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-4:00 CHAIR MASSAGE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY</p>	<p>13</p> <p>9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 1:30-2:45 COMPUTER BASIC W/DONNA</p>	<p>14</p> <p>9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-2:00 LINE DANCE 11:00-12:30 DEMENTIA 1:00-3:00 ACRYLIC ART</p>	
<ul style="list-style-type: none"> Big Screen T.V. Group Puzzle Card Games Small Library 	<p>17</p> <p>10:00-1:00 MAHJONG 12:00-1:00 TAI CHI</p>	<p>18</p> <p>9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE 1:30-2:45 COMPUTER BASIC W/DONNA 1:00-3:00 MAHJONG 12:30-2:30 SUICIDE COALATION</p>	<p>19</p> <p>10:00-1:00 MAHJONG 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-4:00 CHAIR MASSAGE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY</p>	<p>20</p> <p>9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA 1:30-3:30 BINGO W/ MELISSA 1:00-2:00 COOKIES & CONVERSATION</p>	<p>21</p> <p>9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-2:00 LINE DANCE 1:00-3:00 ACRYLIC ART 1:00-3:00 EAR ACUPUNTURE 2:00-4:00 SOCIAL</p>	<p>QUILTERS GROUP 10-12</p>
<ul style="list-style-type: none"> Bike Rentals Treadmills Exercise Bikes Pool Tables Snack Bar 	<p>24</p> <p>10:00-1:00 MAHJONG 12:00-1:00 TAI CHI</p>	<p>25</p> <p>9:30-10:30 BASIC COMPUTER 12:00-1:00 WALK W/ EASE 1:30-2:45 COMPUTER BASIC W/DONNA 1:00-3:00 MAHJONG</p>	<p>26</p> <p>10:00-1:00 MAHJONG 10:00-11:00 CHAIR YOGA 11:00-12:00 LINE DANCE 12:00-4:00 CHAIR MASSAGE 12:00-1:00 TAI CHI 3:00-4:00 FRIENDS OF DOROTHY</p>	<p>27</p> <p>9:30-10:30 BASIC COMPUTER 11:00-12:00 ZUMBA</p>	<p>28</p> <p>9:30-10:30 ADVANCE COMPUTER 10:00-11:00 CHAIR YOGA 11:00-2:00 LINE DANCE 11:00-12:30 DEMENTIA 1:00-3:00 ACRYLIC ART 1:30-2:30 NUTRITION W/ PETETR</p>	<p>Qi Gong at city park Tuesday, Thursday and Sunday at 10am donations accepted</p>
	<p>31</p> <p>10:00-1:00 MAHJONG 12:00-1:00 TAI CHI</p>					<p>*Classes subject to cancellation due to minimum participation</p>