

June 2014

	Monday	Tuesday	Wednesday	Thursday	Friday	
	2 9:00 Computer Class 6:30 Mon. Dance	3 12:45 Senior Wellness 3:00 Vol. Singers	4 9:00 Mahjongg 9:00 Computer Class 11:00 Art 12:45 Yoga 1:00 Art	5 12:45 Sen. Wellness 2:00 Line Dancing	6 8:00 Pool 12:00 Bridge	
Senior Wellness Board Games Big Screen T.V. Treadmills On Going Puzzles	9 9:00 Computer Class 6:30 Mon. Dance	10 12:45 Senior Wellness 1:00 Knit & Chat 2:00 Stroke Survivors 3:00 Vol. Singers	11 9:00 Mahjongg 9:00 Computer Class 11:00 Art 12:45 Yoga 1:00 Art	12 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing	13 10:00 Goodwill Trip (Colorado Springs)	SRDA is expanding its physical fitness program. Biking, Walking, New Exer- cise Equipment
Dancing Singing Group Snack Bar Pool Tables Socials	16 9:00 Computer Class 6:30 Mon. Dance	17 12:45 Senior Wellness 3:00 Vol. Singers	18 9:00 Mahjongg 9:00 Computer Class 11:00 Art 12:45 Yoga 1:00 Art	19 12:45 Sen. Wellness 2:00 Line Dancing	20 8:00 Pool 12:00 Bridge	<u>Upcoming Trips</u> Goodwill (Co. Spgs.) Gooseberry Patch Cripple Creek 10-3
Card Games Pool Tournaments Stationary Bikes Trips Small Library	23 9:00 Computer Class 6:30 Mon. Dance	24 12:45 Senior Wellness 1:00 Knit & Chat 3:00 Vol. Singers	25 9:00 Mahjongg 9:00 Computer Class 11:00 Art 12:45 Yoga 1:00 Art	26 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing	27 JUNE SOCIAL ~Sponsored By AARP~	<u>Upcoming Trips</u> Black Hawk Aug. 1 Millberger (Blende)
Sewing Club Knit & Chat Mahjongg Good Company Bridge Singing Group	30 9:00 Computer Class 6:30 Mon. Dance		Flag Day June 14th Father's Day June 15th	Goodwill Trip June 13th 10—3 Register on 2nd floor	<u>Classes</u> Computer Art Senior Wellness Line Dancing	