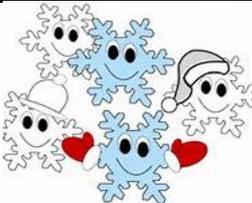


# January 2015

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Register for Classes or Trips on 2nd floor Hours 8:00—2:00 Monday—Friday	Tai Chi—Wed. & Fri. Sen. Wellness-Tues/Thu Vol. Singers -Tues Line Dancing—Thurs. Art. - Wednesday Computer—Mon./Fri.		1 SRDA offices will be closed for the New Years Holiday.	2 12:00 Bridge 3:00 Tai Chi	
<u>Classes</u> Senior Wellness Computer Art	5 9:00 Computer Class	6 12:45 Sen. Wellness 3:00 Vol. Singers	7 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi	8 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing	9 12:00 Bridge 3:00 Tai Chi	Sen. Wellness Prog. Tai Chi Big Screen T.V. Treadmills On Going Puzzle
<u>Classes</u> Tai Chi Line Dancing	12 9:00 Computer Class	13 12:45 Sen. Wellness 3:00 Vol. Singers	14 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi	15 12:45 Sen. Wellness 2:00 Line Dancing	16 12:00 Bridge 3:00 Tai Chi	Dancing Singing Group Snack Bar Pool Tables Socials
<u>Trips</u> Cripple Crk. 5-8-14 Blackhawk 6-5-14 Cripple Crk. 9-4-14	19 9:00 Computer Class	20 12:45 Sen. Wellness 3:00 Vol. Singers	21 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi	22 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing	23 12:00 Bridge 3:00 Tai Chi	Card Games Pool Tournaments Stationary Bikes Trips Small Library
Coming in February Aging Well at SRDA Educational Health Fair. Call 553-3445 for information.	26 9:00 Computer Class	27 12:45 Sen. Wellness 3:00 Vol Singers	28 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi	29 12:45 Sen. Wellness 2:00 Line Dancing	30 <b>Welcome 2015 Social</b>	Bridge Tuesday Walkers Mahjongg Knit & Chat Bike Riders