

August 2015

|  | 1-719-553-3445 Monday | Tuesday | Wednesday | Thursday | Friday |  |
|--|---|---|--|---|---|---|
| | <i>Social</i> \$2.00 Admission Entertainment, Food, 50/50, Door Prizes | Mark your Calendar: <u>Cocktails & Crooners</u> Oct. 16—6:00 At the Union Depot | <i>Tai Chi—Wed & Fri</i> <i>Exercise —Tues/Thur</i> <i>Vol. Singers—Tues</i> <i>Art—Wednesday</i> | COMING IN SEPT. <i>Computer Class</i> <i>Are Mon. & Wed.</i> \$37.00 for 5 sessions | Register for Classes or Trips on 2nd Floor. | |
| <i>Sen. Wellness</i> <i>Tai Chi</i> <i>Big Screen T.V.</i> <i>Treadmills</i> | 3 9:00 Computer Class (Coming in Sept.) 12:00 Party Bridge 1:00 Mindful Me | 4 8:00 Tues. Walkers 12:45 Sen. Wellness 2:00 Stroke Surv. | 5 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi | 6 12:45 Sen. Wellness 2:00 Line Dancing (Coming in Sept.) | 7 8:30 Crpl. Crk Trip 12:00 Dup. Bridge 3:00 Tai Chi | SAVE THE DATE: <i>Safety of Seniors Conf</i> September 15 Praise Assembly |
| <i>Dancing</i> <i>Singing Group</i> <i>Snack Bar</i> <i>Pool Tables</i> | 10 9:00 Computer Class (Coming in Sept.) 12:00 Party Bridge | 8:00 Tues. Walkers 12:45 Sen. Wellness 1:00 Knit & Chat 2:00 Stroke Surv. | 12 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi | 13 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing (Coming in Sept.) | 14 12:00 Dup. Bridge 3:00 Tai Chi | <i>Trips</i> <i>Cripple Crk. 8-7-15</i> <i>Cripple Crk. 10-2-15</i> |
| <i>Card Games</i> <i>Pool Tournaments</i> <i>Stationary Bikes</i> <i>Trips</i> | 17 9:00 Computer Class (Coming in Sept.) 12:00 Party Bridge | 18 8:00 Tues. Walkers 10:00 Cont. of Care 12:45 Sen. Wellness | 19 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi | 20 12:45 Sen. Wellness 2:00 Line Dancing (Coming in Sept.) | Muncho Caliente Social | |
| <i>Bridge</i> <i>Tuesday Walkers</i> <i>Mahjongg</i> <i>Knit & Chat</i> | 24 9:00 Computer Class (Coming in Sept.) 12:00 Party Bridge | 25 8:00 Tues. Walkers 12:45 Sen. Wellness 1:00 Knit & Chat | 26 9:00 Mahjongg 9:00 Comp. Class 11:00 Art 1:00 Art 3:00 Tai Chi | 27 9:00 Sewing Club 12:45 Sen. Wellness 2:00 Line Dancing (Coming in Sept.) | 28 12:00 Dup. Bridge 3:00 Tai Chi | <i>Art Classes</i> <i>are on Wednesday's on 2nd floor</i> \$37.00 for 5 ses- |
| Every day do something that will inch you closer to a better tomorrow. - Doug Firebaugh | 31 9:00 Computer Class (Coming in Sept.) 12:00 Party Bridge | Volunteer Singers Meet every Tuesday At 3:00 in Dining Room |  Back to School | |  | |