

SRDA  
 @ The Joseph H. Edwards  
 Active Adult Center  
 ~Calendar of Events~  
 230 N. Union Ave.  
 719-553-3445  
 www.srda.org



# October 2015

	Monday	Tuesday	Wednesday	Thursday	Friday	 Real Possibilities
	<i>Sen. Wellness-Tues/Thu Vol. Singers -Tues Line Dancing—Thurs. Art. - Wednesday Computer—Mon. TAI CHI WED/FRI</i>	<i>Social \$2.00 Admission Entertainment, Food, 50/50, Door Prizes</i>	<i>Register for Classes or Trips on 2nd Floor.</i>	<i>1 12:45 Sen. Wellness 2:00 Line Dancing Pinochle &amp; Cribbage</i>	<i>2- <b>8:30 Crpl Crk Trip</b> 12:00 Dup. Bridge</i>	
<i>Sen. Wellness Prog. TAI CHI Big Screen T.V. Treadmills BIKE SHARING</i>	<i>5 12:00 Party Bridge 12:30 Mindful Me 3:00 TAI CHI</i>	<i>6-2:45 Sen. Wellness 3:00 Vol. Singers 3:30 Stroke Support 5:30-6:30 ZUMBA Pinochle &amp; Cribbage</i>	<i>7- 9:00 Computer cl. 11:00 Art Class 12:00 PARTY Bridge 1:00 Art Class 3:00 TAI CHI</i>	<i>8 9:00 Sewing Grp. 12:45 Sen. Wellness 2:00 Line Dancing Pinochle &amp; Cribbage</i>	<i>9 12:00 Dup. Bridge</i>	<i>Classes: ZUMBA Senior Wellness Computer Art TIA CHI Line Dancing</i>
<i>Dancing Singing Group Snack Bar Pool Tables Socials</i>	<i>12 <u>SRDA OFFICES CLOSED FOR COLUMBUS DAY HOLIDAY</u></i>	<i>13- 12:45 Sen. Well 1:00 Knit &amp; Chat 3:00 Vol Singers 5:30-6:30 ZUMBA Pinochle &amp; Cribbage</i>	<i>14 9:00 Computer cl. 11:00 Art Class 12:00 PARTY Bridge 1:00 Art Class 3:00 TAI CHI</i>	<i>15 12:45 Sen. Wellness 2:00 Line Dancing Pinochle &amp; Cribbage</i>	<i>16 12:00 Dup. Bridge <b>6:00 "Cocktails &amp; Crooners" at the Union Depot</b></i>	<i><b>Trips Cripple Creek Trip 10-2-2015</b></i>
<i>Card Games Pool Tournaments Stationary Bikes Trips BIKE SHARING</i>	<i>19 12:00 Party Bridge 12:30 Mindful Me 3:00 TAI CHI</i>	<i>20 12:45 Sen. Wellness 3:00 Vol. Singers 5:30-6:30 ZUMBA Pinochle &amp; Cribbage</i>	<i>21 9:00 Computer cl 11:00 Art Class 12:00 PARTY Bridge 1:00 Art Class 3:00 TAI CHI</i>	<i>22 9:00 Sewing Grp. 12:45 Sen. Wellness 2:00 Line Dancing Pinochle &amp; Cribbage</i>	<i>23 12:00 Dup. Bridge</i>	<i>You can never cross the ocean unless you have the cour- age to lose sight of the shore.</i>
<i>Party Bridge ZUMBA Tuesdays Mahjonn Knit &amp; Chat Duplicate Bridge</i>	<i>26 12:00 Party Bridge 12:30 Mindful Me 3:00 TAI CHI</i>	<i>27 12:45 Sen. Well 1:00 Knit &amp; Chat 3:00 Vol. Singers 5:30-6:30 ZUMBA Pinochle &amp; Cribbage</i>	<i>28 9:00 Computer cl 11:00 Art Class 12:00 PARTY Bridge 1:00 Art Class 3:00 TAI CHI</i>	<i>29 12:45 Sen. Wellness 2:00 Line Dancing Pinochle &amp; Cribbage</i>	<i>30 12:00 Dup Bridge <b>Halloween Social</b></i>	<i>-Christopher Columbus</i>